

# Virtual Spirit Week!

A theme a day, while you're away! Let's remind each other that we aren't alone!

Share your picture/video to Twitter, Facebook, and/or Seesaw using the **#HASDstaystogether** hashtag!



**March 23**  
**'Marvel'ous Monday**

**Dress like your favorite superhero!**



**March 24**  
**Tik Tok Tuesday**

**Share a picture or video of you dancing to your favorite school-appropriate song!**



**March 25**  
**Work Out Wednesday**

**Dress in your favorite workout gear! Bonus points if you share a video of you working out!**



**March 26**  
**Thankful Thursday**

**Post a picture of something you are thankful for! Examples could be your family, a pet, etc.**



**March 27**  
**Fun Friday**

**Share a picture of you in your Bearcat gear! Let's show everyone we are all in this together!**