

OCTOBER 2018

Huntingdon Area Elementary Breakfast Menu

MONDAY

Choice of Fruit
Choice of Juice

Choice of Cereal
Toast

Choice of Milk

1

TUESDAY

Choice of Fruit
Choice of Juice

Funnel Cake
Syrup and Margarine

Choice of Milk

2

WEDNESDAY

Choice of Fruit
Choice of Juice

Choice of Cereal
Pop Tart

Choice of Milk

3

THURSDAY

Choice of Fruit
Choice of Juice

Toasted Cheese

Choice of Milk

4

FRIDAY

Choice of Fruit
Choice of Juice

Banana Bread
Low Fat Cheese Stick

Choice of Milk

5

**PROFESSIONAL
DEVELOPMENT DAY**
No School For Learners

8

Choice of Fruit
Choice of Juice

Waffles
Syrup and Margarine

Choice of Milk

9

Choice of Fruit
Choice of Juice

Choice of Cereal
English Muffin

Choice of Milk

10

Choice of Fruit
Choice of Juice

French Toast Sticks
Syrup and Margarine

Choice of Milk

11

Choice of Fruit
Choice of Juice

Choice of Cereal
Toast

Choice of Milk

12

Choice of Fruit
Choice of Juice

Choice of Cereal
Muffin

Choice of Milk

15

Choice of Fruit
Choice of Juice

Breakfast Pizza

Choice of Milk

16

Choice of Fruit
Choice of Juice

Banana Bread
Low Fat Cheese Stick

Choice of Milk

17

Choice of Fruit
Choice of Juice

Pancakes
Syrup and Margarine

Choice of Milk

18

Choice of Fruit
Choice of Juice

Yogurt
Breakfast Bar

Choice of Milk

19

Choice of Fruit
Choice of Juice

Toasted Cheese

Choice of Milk

23

Choice of Fruit
Choice of Juice

Choice of Cereal
English Muffin

Choice of Milk

24

Choice of Fruit
Choice of Juice

Waffles
Syrup and Margarine

Choice of Milk

25

Choice of Fruit
Choice of Juice

Choice of Cereal
Toast

Choice of Milk

26

Choice of Fruit
Choice of Juice

Banana Bread
Low Fat Cheese Stick

Choice of Milk

29

Choice of Fruit
Choice of Juice

French Toast Sticks
Syrup and Margarine

Choice of Milk

30

Choice of Fruit
Choice of Juice

Choice of Cereal
Muffin

Choice of Milk

31

DID YOU KNOW...

October comes from the Latin word "octo" which means eight.

School News

Pricing

Elementary Breakfast - \$ 1.30

Adult Staff Breakfast - \$ 1.70

Reduced Eligible Breakfast -
\$.30

Extra Milk - \$.50

(1% Lowfat Unflavored Milk
and Unflavored Skim Milk
Available at All Breakfasts)

Available Every Regular School Day Morning

Breakfast Meal Deal

Choice of Entree or Cereal,
Bread Product,
Fruit or Juice,
Milk

Jump Start Your Day With Breakfast

Studies show that breakfast
eaters are healthier and
more energetic throughout
the day.

Breakfast is the most
important meal of the day -
especially for learning.

How to reach us:

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814-641-2190

Have you been approved
for FREE or REDUCED
priced meals?
Receive the same benefits
at breakfast!

Menus subject to change
without notice due to
market conditions and
school closings.

School Breakfast:
The Fuel for School