

# OCTOBER 2018

## Huntingdon Area Elementary School Lunch Menu

### MONDAY

1  
Chicken Nuggets  
Dipping Sauces  
W.G. Roll with Margarine  
OR WG PBJ Sandwich  
Steamed Broccoli  
Grape Tomatoes  
Choice of Fruit  
Choice of Milk

8  
**PROFESSIONAL  
DEVELOPMENT DAY**  
No School For Learners

15  
Crispy Coated Chicken  
W.G. Roll and Margarine  
OR Whole Grain PBJ  
Sandwich  
Whole Kernel Corn  
Broccoli w/Dip  
Choice of Fruit  
Choice of Milk

22  
**ACT 80 DAY**  
No School For Learners

29  
Chicken Patty  
Sandwich  
OR Whole Grain PBJ  
Sandwich  
Baked Beans  
Fresh Vegetable  
Choice of Fruit  
Choice of Milk

### TUESDAY

2  
Hot Dog on Bun  
OR Deli Turkey Wrap  
with Shredded Lettuce  
Baked Beans  
Sauerkraut  
Choice of Fruit  
Choice of Milk

9  
Soft Taco on  
Tortilla Shell  
Shredded Lettuce & Cheese  
OR WG PBJ Sandwich  
Whole Kernel Corn  
Grape Tomatoes  
Choice of Fruit  
Choice of Milk

16  
Hamburger on Bun  
OR Deli Turkey Wrap  
With Shredded Lettuce  
French Fries  
Baby Carrots  
Choice of Fruit  
Choice of Milk

23  
Mini Corn Dogs  
OR Whole Grain PBJ  
Sandwich  
Baked Beans  
Broccoli w/Dip  
Choice of Fruit  
Choice of Milk

30  
Taco with  
Corn Tortilla Chips  
OR Deli Turkey Wrap  
with Shredded Lettuce  
Whole Kernel Corn  
Grape Tomatoes  
Choice of Fruit  
Choice of Milk

### WEDNESDAY

3  
Oven Roasted  
Chicken  
W.G. Roll and Margarine  
OR W.G. PBJ Sandwich  
Whole Kernel Corn  
Baby Carrots  
Choice of Fruit  
Choice of Milk

10  
**Brunch Lunch**  
Cheese Omelet  
Waffles with  
Syrup and Margarine  
OR WG PBJ Sandwich  
Hash Brown Potatoes  
Choice of Fruit  
Choice of Milk

17  
Pasta with Meat Sauce  
Parmesan Cheese  
Bread Stick  
OR W.G. PBJ Sandwich  
Green Salad Mix  
with Dressings  
Choice of Fruit  
Choice of Milk

24  
Chicken in Gravy  
over Biscuit  
OR Whole Grain PBJ  
Sandwich  
Seasoned Peas  
Grape Tomatoes  
Choice of Fruit  
Choice of Milk

31  
Chicken Fajita  
on Flour Tortilla Shell  
Onions & Peppers, Salsa  
OR W.G. PBJ Sandwich  
Steamed Broccoli  
Sliced Cucumber  
Choice of Fruit  
Choice of Milk

### THURSDAY

4  
Cheeseburger  
on Bun  
OR Deli Turkey Wrap  
with Shredded Lettuce  
French Fries  
Sliced Cucumbers  
Choice of Fruit  
Choice of Milk

11  
Popcorn Chicken  
Gold Fish Crackers  
OR Deli Turkey Wrap  
with Shredded Lettuce  
Baked Beans  
Green Salad Mix /Dressing  
Choice of Fruit  
Choice of Milk

18  
Meat & Cheese OR  
Tuna & Cheese Hoagie  
OR W.G. PBJ Sandwich  
Grape Tomatoes  
Coleslaw  
Apple Crisp  
OR Choice of Fruit  
Choice of Milk

25  
Ham and  
Scalloped Potatoes  
Bread and Margarine  
OR Deli Turkey Wrap/Lettuce  
Green Beans  
Baby Carrots  
Choice of Fruit  
Choice of Milk

### FRIDAY

5  
Pizza – Cheese  
OR Pepperoni  
OR W.G. PBJ Sandwich  
Green Beans  
Green Salad w/Dressings  
Choice of Fruit  
Choice of Milk

12  
Breaded Mozzarella  
Cheese Sticks w/Sauce  
Bread & Margarine  
OR WG PBJ Sandwich  
California Blend  
Baby Carrots  
Choice of Fruit  
Choice of Milk

19  
Pizza – Cheese  
OR Pepperoni  
OR Whole Grain PBJ  
Sandwich  
Baked Beans  
Sliced Cucumbers  
Choice of Fruit  
Choice of Milk

26  
Cheese Stuffed  
Bread Stick  
w/Marinara Sauce  
OR WG PBJ Sandwich  
Whole Kernel Corn  
Green Salad Mix/Dressings  
Choice of Fruit  
Choice of Milk

### School News

#### Pricing

Elementary Lunch - \$ 2.85  
Adult Staff Lunch - \$ 3.60  
Reduced Eligible Lunch - \$ .40  
Extra Milk - \$ .50

#### Lunch Meal Deal

##### Choice of:

- Entree  
w/Bread Product
- Choose at Least  
1 Fruit and/or Vegetable
- Choice of Chilled Milk  
(Low Fat White, Chocolate,  
Strawberry, Vanilla or Fat Free  
White)

#### Hungry?

Take All Five Items  
But - Don't Forget.....  
Take at least ONE  
Fruit or Vegetable  
And at least  
THREE items total  
so your meal counts  
as a complete lunch.

How to Reach Us:  
Margaret McNitt  
Food Service Director  
at (814) 641-2190 or  
[mmcnitt@huntsd.org](mailto:mmcnitt@huntsd.org)

Menus subject to change  
without notice due to  
market conditions  
and school closings.  
Due to unforeseen  
circumstances,  
substitutions may  
be necessary from  
time to time.

Need a pick me up in the Morning?  
BREAKFAST available each regular  
school day morning in the cafeteria

### DID YOU KNOW...

October comes from the Latin  
word "octo" which means eight.